



## **Policy No. 2014- 25**

# **Healthy Catering Policy**

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## 1. INTRODUCTION

The purpose of this policy is to ensure that members of the Central Highlands Council community, staff, volunteers and visitors have the opportunity to access healthy food and drink choices when attending council operated facilities and workplaces and at council sponsored events.

## 2. AIM

The aim of this policy is to increase the availability of healthy food and drink choices and to encourage and support the community to make food and drink choices that will impact positively on health.

## 3. POLICY PRINCIPLES

When applying this policy, Central Highlands Council staff should be guided by the following principles:

- That food choice is important for all members of the community
- That all members of the community have the right to access healthy food and drink
- That it is important to create an environment which makes healthy food and drink choices the easier choice for staff, volunteers, the community and visitors
- That the provision of food is safe and food handling and food hygiene practices are followed

## 4. ROLE MODEL HEALTHY CHOICES

Council aim to provide and role model healthy food and drink choices to the Central Highlands Council community, staff, volunteers and visitors and support community initiatives that have the potential to impact positively on the health and wellbeing of the community by:

- Ensuring healthy food and drink choices are always available
- Increasing the availability of healthy food and drink choices over time
- Promoting healthy food and drink choices in a positive way

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- Presenting healthy food and drink choices as appealing and attractive alternatives to unhealthy foods and drinks
- Where feasible, providing food in an environmentally sustainable way

## 5. POLICY SCOPE

This policy applies to:

### 5.1 Internal Catering and Food Provision

Provision of food and drinks to Councillors, staff, visitors and volunteers including:

- Work related meetings for staff and visitors
- Workshops and training events
- Council meetings for elected members and staff

### 5.2 External Catering and Food Provision

Provision of food and drinks at Central Highlands Council operated facilities and council sponsored events including:

- Community programs and events paid for by Council and/or sponsored in partnership with other organisations
- Meals provided by Council to community groups

5.3 This policy does not apply to food and drinks that staff, visitors and volunteers bring from home for their personal use or to share for personal celebrations such as birthdays and farewells. It applies to food and drink funded by Central Highlands Council.

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